



Westerley Cycling Club

Start Sheet – 10 Mile Open Time Trial – Sunday 7th May 2023
(For and on behalf of Cycling Time Trials under their Rules and Regulations)

Event Organiser

Gary Martin
Contact No 07826505439

Timekeepers

Don Ashton
Richard Burton

Prizes

Fastest Mens
Fastest Ladies

Headquarters – (open from 7am)

Liston Hall, Chapel St, Marlow SL7 1DD
Signing on sheet and numbers will be at the HQ

New start time is now 8am

Please allow at least 10-15 minutes to get to the start from the HQ and warming up can be done on the road behind the start area (Marlow Road)

Safety

Negotiating Roundabouts – Give priority to traffic from your right
Signal clearly to other road users the course you intend to take
Safety is the first priority – not your performance

Protective Helmets: All competitors under the age of 18 years must wear a HARD SHELL HELMET that meets an international accepted safety standard.
The CTT National Committee recommends that all competitors wear such a type of protective helmet in all events, although this is not Compulsory.

Rear Flashing LED and Front Light is now required for all CTT events as this will help to identify you as a cyclist on the road from some considerable distance especially in overcast conditions.

Please note that there will be no direction or marker signs on the A404.

Riders should not cross the dual carriageway near the start and be aware of fast moving traffic when entering the A404 after the start.

District Regulations applicable to all events

Restriction of Parking at the Start and Finish

LWDC 4 No vehicles, except those of the timekeepers', shall be parked at the start or finish.

Reporting of breaches of Local Regulations

LWDC 5 All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

